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**FOR IMMEDIATE RELEASE**  
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**IRG Physical & Hand Therapy Partners with Swedish Family Medicine Residency  
Program to Offer Training, Mentorship to Local Medical Residents**  
*IRG Physical & Hand Therapy Provides 4-Week Physical Therapy, Musculoskeletal Rotations to  
First- and Third-Year Residents*

**MILL CREEK, WASH., January 27, 2022:** In October of 2021, IRG Physical & Hand Therapy began offering a training and mentorship program to local medical residents through the Swedish Family Medicine Residency Program. Through the program, first- and third-year student residents participate in a 4-week rotation with certified physical therapists to learn about treatment for common musculoskeletal conditions.

During their rotation period, residents observe and gain hands-on experience in the fields of vestibular physical therapy, pelvic floor physical therapy, pain management and hand therapy. In addition to providing mentorship and job shadowing opportunities, IRG Physical & Hand Therapy also provides a yearly lecture on the benefits of physical therapy and treatment of relevant conditions.

IRG Physical & Hand Therapy accommodates up to 22 student residents who participate in medical rotations throughout the year. Since the program's initiation in October of 2021, the physical and hand therapy clinics have mentored and trained a total of 9 doctoral medicine residents and doctoral osteopathic medicine residents.

Dr. Susan Greenman, a participant in IRG Physical & Hand Therapy's residency program, said, "The shadowing was an absolutely incredible opportunity. I learned so much, both about the body and about what physical therapy can do for our patients."

Additionally, resident Dr. Elizabeth Meyer, said, "I thought shadowing IRG Physical Therapist Vicki Luebbe was really valuable. I really enjoyed when I got to see Vicki teach other physical therapists who were in their fellowship program, as well."

Of the residency program at IRG Physical & Hand Therapy, Dr. Kendall Shibuya, faculty physician at Swedish First Hill Family Medicine Residency, said, "I have received rave reviews from all of the residents who have rotated with IRG Physical & Hand Therapy. The students have all appreciated the teaching styles and evaluation approaches that were shared."

IRG Physical & Hand Therapy is committed to providing learning opportunities for the next generation of medical experts. Residents who finish the 4-week program gain the knowledge and vocabulary to treat patients successfully and refer to physical therapy when appropriate, helping to build a stronger medical community for the future.

IRG Physical & Hand Therapy provides a wide variety of wellness programs to help patients get back to feeling like their best selves. Specialized services include pre- and post-surgical rehabilitation, performance enhancement, athletic training, massage therapy, nutrition services and more.

Interested parties can call (425) 316-8046 or visit [IRGPT.COM](http://IRGPT.COM) to book an appointment at their nearest neighborhood clinic location.

**About IRG Physical & Hand Therapy:**

*IRG Physical & Hand Therapy is the Northwest's premier physical and hand therapy group. The organization is dedicated to providing services that improve the lives of its patients and that contribute to the enrichment of its surrounding communities. IRG holds its desire to make a positive impact in the areas that its patients live, work and play as a priority of the upmost importance. The IRG family of clinical and administrative staff and providers are innovators when it comes to partnering with community members to develop programs, collaborate on projects, establish networking relationships, and pioneer initiatives that give back to local causes.*

*IRG Physical & Hand Therapy is headquartered in Mill Creek, Wash. and operates over 35 outpatient orthopedic clinics throughout the Puget Sound region. More information about the organization can be found at [IRGPT.COM](http://IRGPT.COM).*

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