

Patient: _____ DOB: _____ Phone: _____

Diagnosis: _____ ICD-10: _____

Precautions: _____

Therapist evaluate and determine use of procedures, modalities, and/or frequency of treatment

Custom splinting: _____

Treatment frequency: _____ x per week for _____ weeks Provider recheck date: _____

Provider signature: _____ Provider print: _____ Date: _____

FAX ALL REFERRALS TO IRG CONCIERGE 425.541.8355

We will match your patient with the best therapist — suited to their diagnosis, location and insurance.

SPECIALIZED SERVICES:

IRG's specialized services are offered at multiple locations throughout the Pacific Northwest. See the back page for a complete list of our clinics.

- Aquatic therapy
- Astym® therapy
- Balance and falls prevention
- BFR (Blood Flow Restriction)
- Bowen therapy
- IRG Brain Fit
- Gait analysis
- GYROTONIC® method
- Kinesio taping
- LSVT Big
- Lymphedema treatment
- Massage therapy
- Myofascial decompression
- Nutrition
- Orthotic fabrication
- Pediatric physical, speech and occupational therapy
- TMJ disorder
- Vestibular rehabilitation
- Women's & men's health

And more...

INSURANCE LISTING:

IRG can assist in verifying your insurance. We accept most insurance plans including:


- Aetna®
- Auto insurance
- Blue Cross Blue Shield plans
- Cigna®
- Community Health Plan of WA
- First Choice Health®
- Humana
- Kaiser – PPO & POS
- Kaiser Permanente PPO and POS plans
(Anacortes, Arlington, Evergreen, Granite Falls, Marysville and Oak Harbor ONLY)
- LifeWise Health Plan of Washington
- Medicare
- Medicare Advantage Plans
- Molina Healthcare
- Premera Blue Cross
- Providence Health Plan
- Regence Blue Shield
(incl. AHN, BridgeSpan, HMA and Uniform Medical Plan)
- TRICARE® - Health Net Federal
- US Family Health Plan
- UnitedHealthcare®
- VA – Veterans Administration
- WA Apple Health – Medicaid Plan
- Workers compensation – self insured, L&I, OWCP

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suited to their diagnosis, location and insurance.

OUR CLINICS


ANACORTES - Hand Therapy Offered

 3201 Commercial Ave | Anacortes
P: 360.682.0361 • F: 360.209.6601


ARLINGTON

7728 204th ST NE, Suite A | Arlington
P: 360.403.8250 • F: 360.403.0917


BELLEVUE - Hand Therapy Offered

 1200 112th AVE NE, Suite C-186 | Bellevue
P: 425.827.5877 • F: 425.827.5843

BONNEY LAKE - Hand Therapy Offered

 9411 192nd AVE E, Building D, Suite E | Bonney Lake
P: 253.268.5105 • F: 253.258.3298

BOTHELL - Hand Therapy Offered

 18606 Bothell Way NE | Bothell
P: 425.686.7657 • F: 425.606.3192

CAMANO ISLAND

848 N Sunrise BLVD, Suite F104 | Camano Island
P: 360.386.7051 • F: 360.386.3588


EDMONDS - Hand Therapy Offered

 7315 212th ST SW, Suite 104 | Edmonds
P: 425.774.3226 • F: 425.670.1406

EVERETT:

EVERETT (formerly Pac Hand) Hand Therapy Offered

*Pediatric Therapy Offered Nov. 2024

 3732 Colby AVE | Everett
P: 425.374.2846 • F: 425.374.3272

EVERGREEN

5029 Evergreen Way | Everett
P: 425.252.1642 • F: 425.258.1824

NORTH EVERETT

1332 Colby AVE | Everett
P: 425.470.4040 • F: 425.492.9355

SILVER LAKE

10207 19th AVE SE | Everett
P: 425.337.3166 • F: 425.338.4596

GRANITE FALLS

403 W Stanley ST | Granite Falls
P: 360.691.4835 • F: 360.691.2545

ISSAQUAH HIGHLANDS - Hand Therapy Offered

 2525 NE Park DR, Suite C | Issaquah
P: 425.686.7654 • F: 425.341.9041

MARYSVILLE:

MARYSVILLE

919 State AVE, Suite 101 | Marysville
P: 360.386.7405 • F: 360.386.7406

SMOKEY POINT - Hand Therapy Offered

 2707 171st PL NE, Suite 101 | Marysville
P: 360.386.7401 • F: 360.386.7402

MILL CREEK:

CASCADE CHILDREN'S THERAPY

*Will be treating at IRG Physical & Hand
Therapy - Everett starting Nov. 2024*

4220 132nd ST SE, Suite 101 | Mill Creek
P: 425.686.7655 • F: 425.341.9060

GATEWAY

4220 132nd ST SE, Suite 101 | Mill Creek
P: 425.686.7655 • F: 425.341.9060

MURPHY'S CORNER

1519 132nd ST SE, Suite A | Mill Creek
P: 425.337.9556 • F: 425.357.9186


MOUNTLAKE TERRACE

24015 Van Ry Blvd, Suite 400 | Mountlake Terrace
P: 425.686.7659 • F: 425.633.1452

MUKILTEO

11700 Mukilteo Speedway, Suite 503 | Mukilteo
P: 425.349.9692 • F: 425.349.9694

OAK HARBOR - Hand Therapy Offered

 275 SE Cabot DR, Suite A-05 | Oak Harbor
P: 360.914.5504 • F: 360.639.4079

SAMMAMISH


22620 SE 4th ST, Suite 240 | Sammamish
P: 425.200.0054 • F: 425.636.3272

SEATTLE


BALLARD - Hand Therapy Offered

 2821 NW Market ST, Suite B | Seattle
P: 206.706.0063 • F: 206.508.1265

FREMONT - Sports Institute

 1103 N 36th Street | Seattle
P: 206.206.1367 • F: 206.206.1365

GREENWOOD - Hand Therapy Offered

 514 N 85th ST | Seattle
P: 206.900.8883 • F: 206.962.3792

NORTH SEATTLE

13242 Aurora AVE N, Suite 103 | Seattle
P: 206.420.0221 • F: 206.420.0227

WALLINGFORD

1815 N 45th Street, Suite 202 | Seattle
P: 206.752.6837 • F: 206.701.3398

WASHINGTON ATHLETIC CLUB

1325 6TH AVE | Seattle
P: 206.539.2414 • F: 206.614.0362

SNOQUALMIE RIDGE

35323 SE Douglas ST, Suite 210 | Snoqualmie
P: 425.292.1477 • F: 425.363.1068

SPOKANE

PARKSIDE

72223 W Wellesley AVE, Suite D | Spokane
P: 509.323.0066 • F: 509.323.0067

ELLENSBURG

ARGONAUT PEAK PHYSICAL THERAPY

722 E University Way | Ellensburg
P: 509.962.1553 • F: 509.492.4374

IDAHO

RIVERSIDE PHYSICAL THERAPY

150 126th ST | Orofino
P: 208.476.7105 • F: 208.476.7233


SOUTH SOUND PHYSICAL & HAND THERAPY SOUTHSOUNDTHERAPY.COM

OLYMPIA

MARKET PLACE OLYMPIA

111 Market ST NE, Suite 108 | Olympia
P: 360.754.7085 • F: 360.754.3671

WEST OLYMPIA

 Hand Therapy Offered
1651 Cooper Point RD SW | Olympia
P: 360.956.1100 • F: 360.956.1113

SS INDUSTRIAL & HAND THERAPY

300 Lilly Rd. NE, Suite B | Olympia
P: 360.352.7352 • F: 360.352.7680

LACEY

 Hand Therapy Offered
5215 Corporate Center CT SE, Suite D | Lacey
P: 360.455.8155 • F: 360.455.1655

TACOMA

 Hand Therapy Offered
4704 Bridgeport Way W
University Place, WA 98466
P: 253.272.6910 • F: 253.383.4218

NORTHWEST SPORT & SPINE NWSOORTANDSPINE.COM

MONROE

17792 147th ST SE | Monroe
P: 360.464.4358 • F: 360.217.4569

For more information: IRGPT.COM