

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD-10: \_\_\_\_\_

Precautions: \_\_\_\_\_

Therapist evaluate and determine use of procedures, modalities, and/or frequency of treatment

Custom splinting: \_\_\_\_\_

Treatment frequency: \_\_\_\_\_ x per week for \_\_\_\_\_ weeks Provider recheck date: \_\_\_\_\_

Provider signature: \_\_\_\_\_ Provider print: \_\_\_\_\_ Date: \_\_\_\_\_

## FAX ALL REFERRALS TO IRG CONCIERGE 425.541.8355

*We will match your patient with the best therapist — suited to their diagnosis, location and insurance.*

### SPECIALIZED SERVICES:

IRG's specialized services are offered at multiple locations throughout the Pacific Northwest. See the back page for a complete list of our clinics.

- Aquatic therapy
- Astym® therapy
- Balance and falls prevention
- BFR (Blood Flow Restriction)
- Bowen therapy
- IRG Brain Fit
- Gait analysis
- GYROTONIC® method
- Kinesio taping
- LSVT Big
- Lymphedema treatment
- Massage therapy
- Myofascial decompression
- Nutrition
- Orthotic fabrication
- Pediatric physical, speech and occupational therapy
- TMJ disorder
- Vestibular rehabilitation
- Women's & men's health

*And more...*

### INSURANCE LISTING:

IRG can assist in verifying your insurance. We accept most insurance plans including:


- Aetna®
- Auto insurance
- Blue Cross Blue Shield plans
- Cigna®
- Community Health Plan of WA
- First Choice Health®
- Humana
- Kaiser – PPO & POS
- Kaiser Permanente PPO and POS plans  
*(Anacortes, Arlington, Evergreen, Granite Falls, Marysville and Oak Harbor ONLY)*
- LifeWise Health Plan of Washington
- Medicare
- Medicare Advantage Plans
- Molina Healthcare
- Premera Blue Cross
- Providence Health Plan
- Regence Blue Shield  
*(incl. AHN, BridgeSpan, HMA and Uniform Medical Plan)*
- TRICARE® - Health Net Federal
- US Family Health Plan
- UnitedHealthcare®
- VA – Veterans Administration
- WA Apple Health – Medicaid Plan
- Workers compensation – self insured, L&I, OWCP

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suited to their diagnosis, location and insurance.

## OUR CLINICS

### ANACORTES - *Hand Therapy Offered*

 3201 Commercial Ave | Anacortes  
P: 360.682.0361 • F: 360.209.6601


### ARLINGTON

7728 204<sup>th</sup> ST NE, Suite A | Arlington  
P: 360.403.8250 • F: 360.403.0917


### BELLEVUE - *Hand Therapy Offered*

 1200 112<sup>th</sup> AVE NE, Suite C-186 | Bellevue  
P: 425.827.5877 • F: 425.827.5843

### BONNEY LAKE - *Hand Therapy Offered*

 9411 192<sup>nd</sup> AVE E, Building D, Suite E | Bonney Lake  
P: 253.268.5105 • F: 253.258.3298

### BOTHELL - *Hand Therapy Offered*

 18606 Bothell Way NE | Bothell  
P: 425.686.7657 • F: 425.606.3192

### CAMANO ISLAND

848 N Sunrise BLVD, Suite F104 | Camano Island  
P: 360.386.7051 • F: 360.386.3588

### EDMONDS - *Hand Therapy Offered*

 7315 212<sup>th</sup> ST SW, Suite 104 | Edmonds  
P: 425.774.3226 • F: 425.670.1406

## EVERETT:

### PACIFIC HAND THERAPY

 3732 Colby AVE | Everett  
P: 425.374.2846 • F: 425.374.3272

### EVERGREEN

5029 Evergreen Way | Everett  
P: 425.252.1642 • F: 425.258.1824

### NORTH EVERETT

1332 Colby AVE | Everett  
P: 425.470.4040 • F: 425.492.9355


### SILVER LAKE

10207 19<sup>th</sup> AVE SE | Everett  
P: 425.337.3166 • F: 425.338.4596

### GRANITE FALLS

403 W Stanley ST | Granite Falls  
P: 360.691.4835 • F: 360.691.2545

### ISSAQUAH HIGHLANDS - *Hand Therapy Offered*


 2525 NE Park DR, Suite C | Issaquah  
P: 425.686.7654 • F: 425.341.9041

## MARYSVILLE:

### MARYSVILLE


919 State AVE, Suite 101 | Marysville  
P: 360.386.7405 • F: 360.386.7406

### SMOKEY POINT - *Hand Therapy Offered*

 2707 171<sup>st</sup> PL NE, Suite 101 | Marysville  
P: 360.386.7401 • F: 360.386.7402

## MILL CREEK:

### IRG CASCADE CHILDREN'S THERAPY

 16030 Bothell-Everett HWY, Suite 140 | Mill Creek  
P: 425.338.9005 • F: 425.337.0931

### GATEWAY

4220 132<sup>nd</sup> ST SE, Suite 101 | Mill Creek  
P: 425.686.7655 • F: 425.341.9060

### MURPHY'S CORNER

1519 132<sup>nd</sup> ST SE, Suite A | Mill Creek  
P: 425.337.9556 • F: 425.357.9186


### MOUNTLAKE TERRACE

24015 Van Ry Blvd, Suite 400 | Mountlake Terrace  
P: 425.686.7659 • F: 425.633.1452

### MUKILTEO

11700 Mukilteo Speedway, Suite 503 | Mukilteo  
P: 425.349.9692 • F: 425.349.9694

### OAK HARBOR - *Hand Therapy Offered*

 275 SE Cabot DR, Suite A-05 | Oak Harbor  
P: 360.914.5504 • F: 360.639.4079

### PUYALLUP - FREDERICKSON

 *Hand Therapy Offered*  
5610 176<sup>th</sup> ST E, Suite D-104 | Puyallup  
P: 253.387.6078 • F: 253.256.6530

### SAMMAMISH


22620 SE 4<sup>th</sup> ST, Suite 240 | Sammamish  
P: 425.200.0054 • F: 425.636.3272

## SEATTLE


### BALLARD - *Hand Therapy Offered*

 2821 NW Market ST, Suite B | Seattle  
P: 206.706.0063 • F: 206.508.1265

### FREMONT - *Sports Institute*

 1103 N 36<sup>th</sup> Street | Seattle  
P: 206.206.1367 • F: 206.206.1365

### GREENWOOD - *Hand Therapy Offered*

 514 N 85<sup>th</sup> ST | Seattle  
P: 206.900.8883 • F: 206.962.3792

### NORTH SEATTLE

13242 Aurora AVE N, Suite 103 | Seattle  
P: 206.420.0221 • F: 206.420.0227

### WALLINGFORD

1815 N 45<sup>th</sup> Street, Suite 202 | Seattle  
P: 206.752.6837 • F: 206.701.3398

### WASHINGTON ATHLETIC CLUB

1325 6<sup>TH</sup> AVE | Seattle  
P: 206.539.2414 • F: 206.614.0362

### SNOQUALMIE RIDGE

35323 SE Douglas ST, Suite 210 | Snoqualmie  
P: 425.292.1477 • F: 425.363.1068

## SPOKANE

### PARKSIDE

72223 W Wellesley AVE, Suite D | Spokane  
P: 509.323.0066 • F: 509.323.0067

## ELLENSBURG

### ARGONAUT PEAK PHYSICAL THERAPY

722 E University Way | Ellensburg  
P: 509.962.1553 • F: 509.492.4374

## IDAHO

### RIVERSIDE PHYSICAL THERAPY

150 126<sup>th</sup> ST | Orofino  
P: 208.476.7105 • F: 208.476.7233


## SOUTH SOUND PHYSICAL & HAND THERAPY SOUTHSOUNDTHERAPY.COM

## OLYMPIA


### MARKET PLACE OLYMPIA

 *Hand Therapy Offered*  
111 Market ST NE, Suite 108 | Olympia  
P: 360.754.7085 • F: 360.754.3671

### WEST OLYMPIA

 *Hand Therapy Offered*  
1651 Cooper Point RD SW | Olympia  
P: 360.956.1100 • F: 360.956.1113

### SS INDUSTRIAL & HAND THERAPY

 *Hand Therapy Offered*  
300 Lilly Rd. NE, Suite B | Olympia  
P: 360.352.7352 • F: 360.352.7680

### LACEY

 *Hand Therapy Offered*  
5215 Corporate Center CT SE, Suite D | Lacey  
P: 360.455.8155 • F: 360.455.1655

### TACOMA

 *Hand Therapy Offered*  
4704 Bridgeport Way W  
University Place, WA 98466  
P: 253.272.6910 • F: 253.383.4218

## NORTHWEST SPORT & SPINE NWSOUNDSPINE.COM

### MONROE

17792 147<sup>th</sup> ST SE | Monroe  
P: 360.464.4358 • F: 360.217.4569

For more information: [IRGPT.COM](http://IRGPT.COM)